



# Get In Get Healthy



## Get In Get Healthy Get Strong



## Get In Get Healthy Get Strong Get Going





## Galatians 6:7 (ESV) Do not be deceived; God is not mocked, for whatever one sows, that will he also reap.



Philippians 2:12 (ESV) 12 Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling,

# Philippians 2:13 (ESV) 13 for it is God who works in you, both to will and to work for his good pleasure.



#### Philippians 2:12a (ESV) 12a Therefore, my beloved





Philippians 1:25 (ESV) 25 Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith,



Philippians 1:27a (ESV) 27a Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent,

Philippians 1:27b (ESV) 27b I may hear of you that you are standing firm in one spirit, with one mind striving side by side for the faith of the gospel,



#### Philippians 2:12a (ESV) 12a Therefore, my beloved





Philippians 1:1 (ESV) 1 Paul and Timothy, servants of Christ Jesus, To all the saints in Christ Jesus who are at Philippi, with the overseers and deacons:



## Philippians 2:12b (ESV) 12b work out your own salvation

## You Change! (v.12b)



## Work out your own <u>Salvation</u>



# How do I work out my Salvation?

### 5 Life Changes 1. <u>Attend</u> Weekly Worship Service



### <u>5 Life Changes</u> 2. <u>Connect</u> in a Community Group



### 5 Life Changes 3. <u>Serve</u> Others (in Church & in Community)

### 5 Life Changes 4. <u>Study</u> God's Word (R.E.A.P.)







# R.E.A.P. Read



## R.E.A.P. Examine



# R.E.A.P. Apply



# R.E.A.P. Pray





### 5 Life Changes 5. Obey God's Word





# Philippians 2:12c (ESV) 12c work out your own salvation with fear and trembling.



# Work hard, while realizing your total dependency on God to grow

you.

# <u>1 Corinthians 3:7 (ESV)</u> 7 So neither he who plants nor he who waters is anything, but <u>only</u> <u>God</u> causes the growth.



# Philippians 2:13a (ESV) 13a for it is <u>God</u> who works in you

### God Changes You! (v.13)



### God works in you





Ephesians 2:8 (ESV) 8 For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,

### **Ephesians 2:9 (ESV)** 9 not a result of works, so that no one may boast.



# Philippians 2:13b (ESV) 13 for it is God who works in you, both to will and to work

### Both to will





#### Both to will and to work





# Philippians 2:13 (ESV) 13 for it is God who works in you, both to will and to work for his good pleasure.

#### For His Good Pleasure





### God gives us the desire & ability to do what pleases Him



#### The balance (v.12 – 13)



#### My responsibility (v.12) R God's power (v.13)







#### Work as if it <u>ALL</u> depends on me, while realizing it <u>ALL</u> depends on God.



Philippians 3:12 (ESV) 12 Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own.

Philippians 3:13 (ESV) 13 Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead,

### Philippians 3:14 (ESV) 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

