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Genesis 2:18-25 (ESV)

Then the Lord God said, “It is not good that the man should be alone; I will make him a helper fit for him.”
Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him.

**So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said,
“This at last is bone of my bones
and flesh of my flesh;
she shall be called Woman,
because she was taken out of Man.”**

**Therefore a man shall leave his father and his mother
and hold fast to his wife, and they shall become one
flesh. And the man and his wife were both naked and
were not ashamed.**



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Big Idea:

Sex is a good gift from God to be celebrated and enjoyed inside the relationship of marriage.



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Hebrews 13:4

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.



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**God is the author of sex
Satan is the distorter of sex**



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Big Idea:

Sex is a good gift from God to be celebrated and enjoyed inside the relationship of marriage.



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God's Purposes of Sex:

1. God designed sex for procreation.

Genesis 1:28 (ESV)

And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.”



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Psalm 127:3

**Sons are a heritage from the LORD,
children a reward from him.**



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God's Purposes of Sex:

1. God designed sex for procreation.
2. God designed sex to increase intimacy.



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Genesis 2:24

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.



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God's Purposes of Sex:

1. God designed sex for procreation.
2. God designed sex to increase intimacy.
3. God designed sex for pleasure.



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Deuteronomy 24:5

If a man has recently married, he must not be sent to war or have any other duty laid on him. For one year he is to be free to stay at home and bring happiness to the wife he has married.



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**“God will hold us accountable for every permitted
pleasure that we forfeit.”**



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God's Purposes of Sex:

1. God designed sex for procreation.
2. God designed sex to increase intimacy.
3. God designed sex for pleasure.
4. God designed sex for His glory.

1 Corinthians 10:31 (ESV)

**So, whether you eat or drink, or whatever you do,
do all to the glory of God.**



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5 Tips To Be Sex-cessful

1) God is good, He creates good things, and sex is a good gift from God to marriage. It's crucial to unlearn sin and increase knowledge of God's good purpose and plan for sexuality.

Books

***When 2 Become 1* – Christopher McKluskey**
***Celebration of Sex* – Doug Rosenau**

5 Tips To Be Sex-cessful

**2) Problems are not resolved in silence:
Talking about Sex is crucial.**

5 Tips To Be Sex-cessful

3) God created “maleness” and “femaleness” to display His creativity and character, so celebrate your differences.

5 Tips To Be Sex-cessful

**4) God Created Us For Pleasure –
We are fearfully and Wonderfully Made.**

5 Tips To Be Sex-cessful

5) God created us for Lifelong Intimate Companionship.



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